

# Physical Education (PHED)

---

## Courses

### PHED 20203. Sport Skills. 3 Hours.

This course is designed to prepare the student to teach sport skills, primarily those taught in grades 5-8. (Typically offered: Fall)

### PHED 23703. Elementary Physical Education. 3 Hours.

Program planning and techniques of teaching physical education activities to children; for early childhood, elementary and physical education teachers, supervisors, and principals. (Typically offered: Spring)

### PHED 30003. Outdoor Education. 3 Hours.

This course is designed to provide opportunities for the student to acquire the skills, teaching and leadership techniques associated with outdoor and adventure activities. Prerequisite: Admission into PHED BSE program is required. (Typically offered: Fall)

### PHED 30403. Teaching Fitness. 3 Hours.

Instructional strategies for teaching public school students about fitness concepts. Prerequisite: Admission into PHED BSE program is required. (Typically offered: Spring)

### PHED 31603. Applied Kinesiology. 3 Hours.

Examination of the physiological responses and biomechanical principles of movement. The exploration includes the study of the maturation of the body's functional capacities as it relates to exercise and the fundamental principles of mechanical analysis of movement. (Typically offered: Fall)

### PHED 32003. Principles and Problems of Coaching. 3 Hours.

A focus on the various aspects of coaching the athletes in contemporary society through an examination of research findings related to factors affecting performance. Attention to be given to principles, problems and understanding essential to the management of athletic contests. (Typically offered: Fall)

### PHED 32203. Motor Development. 3 Hours.

An overview of contemporary motor development and movement theory, developmental hierarchies, and physiological aspects of development throughout the lifespan. (Typically offered: Fall and Spring)

### PHED 35703. The School Health Program. 3 Hours.

Studies school health services, the health environment, and health education, as well as the teacher's potential role in each. Prerequisite: PBHL 11003. (Typically offered: Fall)

### PHED 36203. Sport Sociology. 3 Hours.

An investigation of the impact of physical education and sport on society. (Typically offered: Spring)

### PHED 39003. Adapted Physical Education. 3 Hours.

Provides fundamental concepts and skills essential to physical education programming for students with disabilities. Deals with definitions, disabling conditions, developmental and remedial activities, games, and sports. Prerequisite: Junior standing. (Typically offered: Fall)

### PHED 3910V. Special Topics in PHED. 1-3 Hour.

Designed to cover specialized topics not presented in physical education coursework. (Typically offered: Irregular) May be repeated for up to 9 hours of degree credit.

### PHED 399H1. Physical Education Honors Thesis Tutorial. 1 Hour.

Designed to provide the foundation for the Honors Thesis/Project. Students and faculty tutors work "one-on-one" exploring a specific topic which has been agreed upon by the student and the professor. Prerequisite: Honors candidacy and PHEDBS major. (Typically offered: Fall, Spring and Summer)

### PHED 40001. Coaching Practicum. 1 Hour.

Designed for students who want to add the Coaching Endorsement to the state teaching license. Student serves as a coaching assistant with a local school, University or recreational sports team. Students who serves as a coaching assistant with a local school must successfully complete a criminal background check prior to beginning coaching practicum. Prerequisite: PHED 32003 and proof of current First Aid/CPR/AED certification submitted to instructor of record. (Typically offered: Fall and Spring)

### PHED 40203. Class Management. 3 Hours.

This course is designed to provide opportunities for the student to acquire an understanding that emphasizes class management; and includes professional ethics, and school policies related to students, faculty, and programs. Corequisite: PHED 40706 and PHED 47303. Prerequisite: Admission into PHED BSE program, earn a cumulative grade point average of 2.7, and take the Praxis II exams required by the Arkansas Department of Education licensure area of K-12 Physical Education, Wellness and Leisure by December 1st. (Typically offered: Spring)

### PHED 40706. Physical Education Teaching Internship. 6 Hours.

This internship involves supervised teaching experience in a P-12 setting. Students will be placed under the guidance of a mentor teacher at specific school sites within NW Arkansas. Internship will be done at both the elementary and secondary levels. Successful completion of a criminal background check is required before beginning internship. Corequisite: PHED 40203 and PHED 47303. Prerequisite: Admission into PHED BSE program, earn a cumulative grade point average of 2.7, and take the Praxis II exams required by the Arkansas Department of Education licensure area of K-12 Physical Education, Wellness and Leisure by December 1st. (Typically offered: Spring)

### PHED 43202. Teaching Practicum. 2 Hours.

K-12 Kinesiology majors serve as a teaching assistant with a local school physical education teacher. This course should be taken the semester before PHED 40706 Internship. Prerequisite: Admission into PHED BSE program and a cumulative grade point average of 2.7 are required. (Typically offered: Fall)

### PHED 47003. Assessment in Physical Education. 3 Hours.

An examination of the assessment duties required of a physical education teacher. The use of authentic assessment and various grading strategies will be investigated. Prerequisite: Admission into PHED BSE program and a cumulative grade point average of 2.7 are required. (Typically offered: Fall)

### PHED 47303. Senior Seminar. 3 Hours.

This capstone class will cover special topics for the Kinesiology P-12 students in preparation for entry into the profession. Resumes, cover letters, teaching philosophy, references, and interview preparation will be included. Students will also review contemporary issues relevant to the physical education teacher. Corequisite: PHED 40203. Prerequisite: Admission into PHED BSE program, earn a cumulative grade point average of 2.7, and take the Praxis II exams required by the Arkansas Department of Education licensure area of K-12 Physical Education, Wellness and Leisure by December 1st. (Typically offered: Spring)

### PHED 47403. Secondary Physical Education. 3 Hours.

Strategies and curriculum for physical education, grades 7-12. Prerequisite: Admission into PHED BSE program and a cumulative grade point average of 2.7 are required. (Typically offered: Fall)

### PHED 4800V. Workshop. 3-6 Hour.

Physical education workshop. Prerequisite: Instructor consent. (Typically offered: Summer)

**PHED 52503. The Physical Education Curriculum. 3 Hours.**

Principles, problems, procedures, and the influence of educational philosophy on programs in physical education and their application in the construction of a course of study for a specific situation. (Typically offered: Fall and Summer)

**PHED 52703. Professional Issues in Physical Education and Sport. 3 Hours.**

A review of contemporary research literature informing effective teaching practices in physical education settings. Students gain experience in critically reviewing literature and discussing current issues. (Typically offered: Fall and Summer)

**PHED 53103. Risk Management in Physical Education & Athletics. 3 Hours.**

This course is designed to provide opportunities for the student to acquire an understanding of how to reduce the risk of injuries and eliminate hazards that may contribute to injuries associated with physical education and athletics. (Typically offered: Spring and Summer)

**PHED 54803. Conducting Research in Physical Education. 3 Hours.**

Methods and techniques of research in physical education, including an analysis of examples of their use and practice in their application to problems of interest to the student. Prerequisite: Students must be currently enrolled in the online MED in Physical Education program. (Typically offered: Fall and Spring)

**PHED 55503. Scientific Principles of Movement and Performance. 3 Hours.**

This course focuses on theoretical information about sport biomechanics and movement principles, with practical applications to the physical education of coaching profession. (Typically offered: Spring and Summer)

**PHED 56403. Motor Learning. 3 Hours.**

Concepts of motor learning and control are presented. Attention is given to an analysis of the literature in movement control, motor behavior, and motor learning. (Typically offered: Spring and Summer)

**PHED 57503. Sport Psychology. 3 Hours.**

Investigation of historical and contemporary research in sport psychology. (Typically offered: Spring and Summer)

**PHED 58003. Measurement Concepts for K-12 Physical Education Teachers. 3 Hours.**

This course focuses on techniques that physical education teachers can use to monitor student progress in a K-12 environment. (Typically offered: Fall and Summer)

**PHED 63603. Supervision in Physical Education. 3 Hours.**

The focus of this course is instructional supervision as a set of complex processes in which the supervisor works within accepted guidelines and functions to effectively supervise a teacher's pedagogical development. The Physical Education Instructional Supervision (PEIS) Model will be used to help facilitate this process. (Typically offered: Fall and Spring)

**PHED 67203. Funding Opportunities in Education. 3 Hours.**

This course is designed to provide students with the tools to identify, develop, and submit grant proposals. (Typically offered: Fall and Spring)